

IT'S OK TO ASK FOR HELP

HELP

*"There is hope,
even when your brain tells you there isn't."* - Author JOHN GREEN

MENTAL WELLNESS & THE BAR




Seeking counseling or asking for help will **NOT** impact your admission to the Bar or your ability to practice law.

As of June 2022, the Texas Board of Law Examiners unanimously voted to change all applications to **remove ALL questions** about an applicant's diagnoses of, or treatment for, certain mental health conditions, substance abuse, or addiction.

HELP IS AVAILABLE!

BAYLOR COUNSELING CENTER



As a Baylor Law student, the Baylor University's Counseling Center's services are available to you - **FOR FREE**.

-  254-710-2467
-  Counseling_Center@baylor.edu
-  counselingcenter.web.baylor.edu



TEXAS LAWYERS ASSISTANCE PROGRAM



The Texas Lawyers Assistance Program (TLAP), offers TX law students help with substance use and other mental health issues.

-  800-343-TLAP (8527)
-  TLAPHelps.org



BAYLOR TELEHEALTH *(AcademicLiveCare)*

Baylor has partnered with Academic Live Care to offer free **virtual** medical and counseling services to students.

-  833-969-3998 (Available 24/7)
-  Baylor.AcademicLiveCare.com

